



RADdad AT-HOME COLLECTION KIT

What you will find inside your collection kit:

1 STERILE SPECIMEN CONTAINER

1 TUBE CONTAINING COLLECTION MEDIA

A BLANK SPECIMEN IDENTIFICATION LABEL

1 PLASTIC BIOHAZARD BAG

1 FEDEX SHIPPING BAG

1 KIT CLOSING STICKER

IMPORTANT NOTES

Your collection date:

Your specimen **must** be shipped on the day of collection.

Refrain from all sexual activity/ejaculation (including masturbation and intercourse) for 2-5 days before the analysis. Do not abstain for longer than 5 days.

If you do not plan on collecting immediately, please refrigerate your RADdad kit as the enclosed collection media must be stored between 36-46°F.

STEP 1

PRE-COLLECTION PREPARATION

Remove the 5ml tube of collection media from the refrigerator 1 hour prior to specimen collection so it reaches room temperature. (*Cold media should not be added to any specimens as it can affect sperm motility*)

STEP 2

SPECIMEN COLLECTION

The specimen should be collected directly into the specimen container by means of masturbation. Please keep in mind the following guidelines when collecting your specimen:

The use of condoms or lubricants (lotion, saliva, water, etc.) is not permitted as it may alter the results.

Avoid touching the inside of the sterile cup and lid as it may alter the results.

If any specimen is spilled, do not attempt to transfer it into the cup. Note any spills on the specimen identification label provided in your kit.

STEP 3

ADDING THE MEDIA

After the specimen is collected, remove the cap from the tube containing the collection media and carefully pour its entire contents into the cup containing your specimen. You may dispose of the empty media tube.

Place the lid on the specimen container securely, ensuring that it is properly sealed in order to prevent any leakage.

Gently swirl the cup in a circular motion several times so the contents of the specimen mix with the media.

STEP 4

LABELING THE SPECIMEN CONTAINER

Complete **all fields** on the specimen identification label. Incomplete labels will render the specimen unacceptable and a new specimen may be required.

Once complete, peel off the back of the label revealing the adhesive side and place the label around the outside of the specimen container.

STEP 5

PACK & PREPARE SPECIMEN KIT FOR SHIPPING

Place the specimen container complete with the identification label and the lid tightly secured into the plastic biohazard bag. Close the zipper along the top of the bag. Insert the container back into the foam cutout inside the kit.

Close the box and place the kit closing sticker across the opening. Place kit in shipping bag provided.

Bring to nearest FedEx shipping facility.